

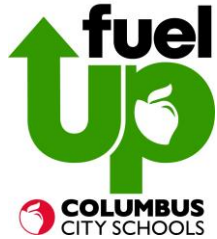
FUEL UP FRESH MENU 12/2/2020

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice

Lunch	Lunch	Lunch	Lunch	Lunch
**Cheese Pizza	**Toasted Cheese Sandwich	Turkey Salami & Cheese Sub	**WOW Soy Butter & Jelly Sandwich	**Cheese Sticks + Soft Pretzel
Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit

Nutrient content and ingredients are available online: CCSOH.US>Food Services and Menus>Itemized Food List.

**Meatless entree. Non-dairy or a meatless lunch meal may consist of: Hummus + Wheat Crackers or Sun Butter + Wheat Crackers and Vegetable/Fruit. No pork, nut or seafood offered. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 11/20/2020

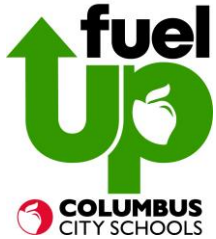


FUEL UP FRESH MENU 12/9/2020

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice
Lunch	Lunch	Lunch	Lunch	Lunch
**Cheese Pizza	**Toasted Cheese Sandwich	Turkey Salami & Cheese Sub	**Macaroni and Cheese + Pretzels	**Dynamite Dippers + Cheez-its (2)
Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit

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FUEL UP FRESH MENU 12/16/2020

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice	Assorted Cereal + Graham Cracker + Juice
Lunch	Lunch	Lunch	Lunch	Lunch
**Cheese Pizza	**Toasted Cheese Sandwich	Turkey Salami & Cheese Sub	**Lasagna Roll Up + Savory Wheat Crackers	**Cheese Sticks + Soft Pretzel
Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit	Vegetable and Fruit

Nutrient content and ingredients are available online: CCSOH.US>Food Services and Menus>Itemized Food List.

**Meatless entree. Non-dairy or a meatless lunch meal may consist of: Hummus + Wheat Crackers or Sun Butter + Wheat Crackers and Vegetable/Fruit. No pork, nut or seafood offered. Menu is subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 11/20/2020